COMBINED DECLARATION AND POWER OF ATTORNEY

(ORIGINAL, DESIGN, NATIONAL STAGE OF PCT, SUPPLEMENTAL, DIVISIONAL, CONTINUATION, OR C-I-P)

As a below named inventor, I hereby declare that:

TYPE OF DECLARATION

This declaration is for an original application.

INVENTORSHIP IDENTIFICATION

My residence, post office address and citizenship are as stated below, next to my name. I believe that I am the original, first and sole inventor of the subject matter that is claimed, and for which a patent is sought on the invention entitled:

TITLE OF INVENTION

EXERCISE DEVICE

SPECIFICATION IDENTIFICATION

The specification is attached hereto.

ACKNOWLEDGMENT OF REVIEW OF PAPERS AND DUTY OF CANDOR

I hereby state that I have reviewed and understand the contents of the above-identified specification, including the claims, as amended by any amendment referred to above.

I acknowledge the duty to disclose information, which is material to patentability as defined in 37, Code of Federal Regulations, Section 1.56.

POWER OF ATTORNEY

I hereby appoint the following practitioner(s) to prosecute this application and transact all business in the Patent and Trademark Office connected therewith.

| APPOINTED PRACTITIONER(S) | REGISTRATION NUMBER(S) |
|---------------------------|------------------------|
| Donald M. Cislo | 22,060 |
| Daniel M. Cislo | 32,973 |
| Charles H. Thomas | 25,710 |
| Andrew S. Jordan | 33,917 |
| David L. Hoffman | 32,469 |
| Robert J. Lauson | 41,930 |
| Kelly W. Cunningham | 43,570 |
| Sarah A. Brown | 47455 |
| Naomi Mann | 46,431 |

I hereby appoint the practitioner(s) associated with the Customer Number provided below to prosecute this application and to transact all business in the Patent and Trademark Office connected therewith.

SEND CORRESPONDENCE TO

DIRECT TELEPHONE CALLS TO:

Donald M. Cislo 1-310-451-0647

Donald M. Cislo 233 Wilshire Boulevard, Suite 900 Santa Monica, CA 90401-1211 USA

Customer Number 25189

DECLARATION

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code, and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

SIGNATURE(S)

Darrell Greenland

Inventor's signature

Residence Santa Monica, CA

Post Office Address 934 - 4th Street, #21, Santa Monica, CA 90403



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re the application of: GREENLAND, Darrell

Serial Number:

Filed Herewith

Examiner:

Not yet known

Filed:

Filed Herewith

Art Unit:

Not yet known

For:

EXERCISE DEVICE

BOX PATENT APPLICATION

U.S. Patent and Trademark Office

P.O. Box 2327

Arlington, VA 22202

ASSERTION OF SMALL ENTITY STATUS

Dear Sir:

Applicant(s) and/or Inventor(s), above, hereby claim small entity status under 37 C.F.R. § 1.9 as an independent inventor. It is not believed that any additional fees are due; however, in the event any additional fees are due, the Examiner is authorized to charge Applicant's Attorney's Deposit Account No. 03-2030.

Respectfully submitted,

CISLO & THOMAS LLP

Date: January /

anuary / |, 2002

Donald M. Cislo, Reg. No. 22,060

CISLO & THOMAS LLP

233 Wilshire Boulevard, Suite 900

Santa Monica, California 90401

Tel: (310) 451-0647

Fax: (310) 394-4477 Customer No.: 25,189

www.cislo.com